

Prep Dance Score Sheet 2026

TECHNICAL EXECUTION

Category Style Execution

10 Pts

Pom - Quality of Pom motion Technique: placement, control, precise and strong completion of movement

Hip Hop - Groove and quality of authentic hip hop/street style

Jazz - Continuity of movement and quality of style, extension and presence/carriage

High Kick - Quality of High Kick Technique: posture, flexibility, extension, control, foot prep/closure

Open/Contemporary Lyrical - Quality of movement using contraction/release, control, sustained and expressive movement

Movement Technique Execution

10 Pts

Movement that has strength, intensity, placement, control, presence and commitment

GROUP EXECUTION

Synchronization/Timing with Music

10 Pts

Correct timing with team members and the music

Uniformity of Movement

Movements are the same on each person: clear, clean and precise

Spacing

10 Pts

Correct positioning/distance between individuals on the performance surface during the routine and transitions

CHOREOGRAPHY

Musicality

10 Pts

Movement that compliments the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative, unique and original manner

Routine Staging/Visual Effects

10 Pts

Utilization of varied formations and seamless transitions

Visual impact of staging through group work, partner work, floor work, lifts, levels, opposition, etc.

OVERALL EFFECT

Overall Effect - Communication/Projection/Audience Appeal & Appropriateness

15 Pts

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal. The performance fulfills the category description and has age appropriate music, costume and choreography that enhances the routine

Each Judge will comment on the Overall Effect and will give a score out of 5 Points.

Total Points Possible: 75 Pts